

# Résultat 7Km

Place	Doss	Nom	Prenom	Cat	Tps Off.	Tps Reel	Place Sexe	Equipe
1	48	NABIL	Rbah	SH	00:28:28	00:28:28	1	EQUIPE SNDAM
2	104	AHEROU	Zakaria	SH	00:28:29	00:28:29	2	
3	46	ESSEBAGH	Soufiane	SH	00:29:00	00:29:00	3	EQUIPE SNDAM
4	47	IDOUHMAN	Yassine	SH	00:29:09	00:29:09	4	EQUIPE SNDAM
5	68	ABDERRAHIM	Ouanamane	SH	00:31:34	00:31:34	5	
6	67	ALI	Bakrim	SH	00:33:50	00:33:50	6	
7	69	AHMED	Fatoukh	SH	00:34:32	00:34:32	7	
8	17	OUBRAR	Ismail	SH	00:34:46	00:34:46	8	EQUIPE TIGMIZA
9	129	ELOUASSAT	Hassan	SH	00:36:51	00:36:51	9	EQUIPE PIZPRNO
10	102	BENEZZINE	Safaa	MF	00:38:02	00:38:02	1	
11	75	MED REDA	Rouzali	SH	00:38:03	00:38:03	10	
12	128	ELMANSOURI	Yassine	SH	00:39:06	00:39:06	11	EQUIPE PIZPRNO
13	131	HAFID	Yazghi	SH	00:39:08	00:39:08	12	EQUIPE PIZPRNO
14	105	BAUCHET BOUHLAL	Jean alexandr	SH	00:39:31	00:39:25	13	
15	20	HILAL	Nadir	SH	00:40:55	00:40:55	14	EQUIPE TIGMIZA
16	21	BENARAB	Abdessadek	SH	00:41:34	00:41:34	15	EQUIPE TIGMIZA
17	22	DELMAS	Issa	SH	00:41:59	00:41:59	16	EQUIPE SIDIMEX
18	14	GUENNOU	Boubker	SH	00:43:30	00:43:30	17	EQUIPE TIGMIZA
19	18	ECHIAA	Ismail	SH	00:43:50	00:43:50	18	EQUIPE TIGMIZA
20	134	MOHAMED	Ouahbi	SH	00:45:22	00:45:22	19	EQUIPE PIZPRNO
21	132	BARGOUNI	Khalid	SH	00:45:26	00:45:26	20	EQUIPE PIZPRNO
22	127	KHIBANE	Abdessadeq	SH	00:45:37	00:45:37	21	EQUIPE PIZPRNO
23	19	DIDY	Khalid	SH	00:46:01	00:46:01	22	EQUIPE TIGMIZA
24	16	AMAHI	Zakaria	SH	00:46:04	00:46:04	23	EQUIPE TIGMIZA
25	3	KANZ	Mohamed	SH	00:46:10	00:46:10	24	

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26	15	YASSINE	Elhaloui	SH	00:46:34	00:46:34	25	EQUIPE TIGMIZA
27	72	ABDELAZIZ	Elkamel	SH	00:47:15	00:47:09	26	
28	71	HICHAM	Marzouk	SH	00:48:26	00:48:18	27	
29	30	BENACCOUB	Hassan	SH	00:48:27	00:48:20	28	TEAM SAFI
30	29	MASSITEF	Abdelhadi	SH	00:49:00	00:48:53	29	TEAM SAFI
31	27	CHERRATE	Mohamed	SH	00:49:26	00:49:26	30	
32	49	MASROUR	Badr	SH	00:49:59	00:49:51	31	
33	10	RADY	Amina	SF	00:50:06	00:50:01	2	
34	60	SEMIA	Hamady	SF	00:51:37	00:51:31	3	
35	31	ABOUNOUAIM	Abdelrhafour	SH	00:52:35	00:52:29	32	TEAM SAFI
36	33	RHAMAZ	Khalil	SH	00:54:39	00:54:31	33	TEAM SAFI
37	32	ABOUSSIBAA	Abdelmoula	SH	00:54:39	00:54:30	34	TEAM SAFI
38	61	BENCHAKROUNE	Younes	SH	00:58:40	00:58:33	35	
39	52	BORCH	Jennifer	SF	01:00:11	01:00:05	4	
40	53	BORCH	Nolan	SH	01:00:13	01:00:07	36	
41	103	NEJJARI	Hind	VF1	01:00:35	01:00:30	5	
42	135	CHATOUI	Tareq	SH	01:01:23	01:01:11	37	EQUIPE PIZPRNO
43	74	THERRY	Lemaire	SH	01:07:40	01:07:29	38	
44	23	DELMAS	Assiya	SF	01:09:34	01:09:29	6	EQUIPE SIDIMEX
45	1	CHATRIEUX	Noreen	SF	01:09:34	01:09:27	7	
46	130	SGHOU	Ali	SH	01:12:19	01:12:19	39	EQUIPE PIZPRNO
47	62	WAHID	Skiriba	SH	01:14:53	01:14:53	40	EQUIPE CANAL FORME
48	64	MHAIDI	Zakaria	SH	01:14:54	01:14:54	41	EQUIPE CANAL FORME
49	99	DUMONT	Gael	SH	01:16:38	01:16:29	42	TEAM DUMONT
50	101	DUMONT	Brieuc	SH	01:16:39	01:16:29	43	TEAM DUMONT

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51	73	DUMONT	Helene	SF	01:16:41	01:16:32	8	TEAM DUMONT
52	25	DELMAS	Celine	SF	01:16:42	01:16:36	9	EQUIPE SIDIMEX
53	35	ZARDOUNI	Morad	SH	01:17:36	01:17:30	44	TEAM SAFI
54	34	LAHRICHI	Adil	SH	01:17:36	01:17:29	45	TEAM SAFI
55	76	KARIMA	Benkirane	SF	01:19:08	01:18:58	10	
56	77	KENZA	El gamalis	SF	01:19:09	01:19:00	11	
57	70	MED MUSTAPHA	Elharch	SH	01:19:25	01:19:14	46	
58	63	ACHIR	Adil	SH	01:19:29	01:19:17	47	EQUIPE CANAL FORME
59	65	LAURENCE	Heno	SF	01:24:50	01:24:41	12	
60	66	HICHAM	Agoujil	SH	01:25:07	01:24:55	48	
61	28	OUMAZIR	Mohamed	SH	01:29:33	01:29:22	49	
62	2	MYNAOUY	Ouissam	SF	01:29:36	01:29:27	13	
63	24	DELMAS	Yves	SH	01:58:59	01:58:52	50	EQUIPE SIDIMEX